

August 5, 2025

To: Michael Spinuzzi, Lewisville Fire Department

From: Bruce VanderHaar, Front Line Mobile Health

Re: Quote for annual physicals for Lewisville Fire Department

Dear Chief Spinuzzi,

Below is the group of services that are contained in our Essentials tier, which is the tier chosen by Lewisville Fire for 2025, 2026, 2027 and 2028 renewals.

### ESSENTIALS LEVEL LAB TESTS AND PHYSICAL EXAMS

Personalized Risk Assessment
Health Questionnaire & Screening
Annual Human Performance Assessment
Physical Examination & Consultation w/ Medical Provider
LABORATORY ANALYSIS:
• Complete CBC
• Lipid Panel
• Comprehensive Metabolic Panel
• Prostate Specific Antigen (male) or CA-125 (female) <b>PERFORMED DURING A CANCER-SCREENING YEAR</b>
• Urinalysis, with microscopic
• Apolipoprotein <b>PERFORMED DURING A CARDIAC-SCREENING YEAR</b>
• Lipoprotein (a) <b>PERFORMED DURING A CARDIAC-SCREENING YEAR</b>
• Fecal Occult Blood <b>PERFORMED DURING A CANCER-SCREENING YEAR</b>
• Uric Acid <b>PERFORMED DURING A CANCER-SCREENING YEAR</b>
• Thyroid Stimulating Hormone + T4 <b>PERFORMED DURING A CANCER-SCREENING YEAR</b>
• HBA1C
Vision Screening
Body Composition Analysis
Audiogram
Cardiopulmonary Exercise Test (CPET) <b>PERFORMED DURING A CARDIAC-SCREENING YEAR</b>
Chest Radiograph (X-Ray) <b>PERFORMED DURING A CANCER-SCREENING YEAR</b>
Cancer Screening Ultrasound: thyroid, testicular (male only), abdomen (liver, gallbladder, pancreas, spleen, kidneys, ovaries, non-invasive) <b>PERFORMED DURING A CANCER-SCREENING YEAR</b>

The price per participant for 2025 is \$604. This price is subject to change for the renewals according to the Terms and Conditions found in Paragraph 4 of the Professional Services Agreement.