

## **MEMORANDUM**

**TO:** Claire Powell, City Manager

**FROM:** Chris McGinn, Director of Neighborhood and Inspection Services

**DATE:** July 7, 2025

**SUBJECT:** **Approval of a Resolution of the City Council of the City of Lewisville, Texas, Authorizing the City Manager to Execute a Grant Agreement with Cumberland Youth & Family Services to Receive a Portion of The City of Lewisville's COVID Emergency Response Fund and Social Service Agency Fund to Provide Mental Health Services to Lewisville Residents; and Providing an Effective Date.**

### **BACKGROUND**

In 2022, the City of Lewisville entered into an agreement with Denton County MHMR Center for \$105,000 to hire a position to provide mental health services in partnership with the Lewisville CoCARE team. However, six months into this agreement, the position became vacant and Denton County MHMR was unable to fill the position. The agreement then expired, leaving just over \$51,000 available for mental health services.

Separately, the CDBG Advisory Committee recommended funding a nonprofit organization with \$20,000 of Social Service Agency Funds for Fiscal Year 2024-2025. That organization determined that the program they applied for would not be successful with that amount of funding and declined the award. To make a meaningful impact on mental health services in Lewisville, these funds can be combined with the \$51,000 to provide enough funding to support a mental health program.

### **ANALYSIS**

According to the United Way of Denton County's Community Needs Assessment, Denton County only has one mental health provider per 600 residents. Youth & Family Counseling, the only non-profit providing mental health services in Lewisville, closed their doors in April of 2021, which increased the demand for services experienced by non-profit and for-profit providers.

To meet the needs of the community, staff began meeting with Cumberland Youth & Family Services in October 2024 regarding counseling services for uninsured or underinsured Lewisville residents. Cumberland Youth & Family Services provides programs to support youth in foster care, young adults aging out of foster care, and single-parent families through housing, counseling, and supportive service programs. The Community Counseling program extends past this targeted client base and provides low-cost counseling sessions for children, teens, and adults in Denton County who are uninsured or underinsured. Cumberland Youth & Family Services provided a proposal to City staff to hire a part-time mental health provider to offer counseling services in-person at a Lewisville location to fill the current gap in mental health services and utilize the remaining funds, \$71,741.66, allocated for this purpose. The Community Counseling program can be a resource for the Lewisville Police Department Neighborhood Resource Officer Unit if they encounter a resident seeking counseling services.

**CITY STAFF'S RECOMMENDATION**

That the City Council approve the resolution as set forth in the caption above.