

# Service Proposal March 29, 2023



Occumed Plus- Garland 2046 Forest Lane #180 Garland, TX 75042



In 1998 Occumed opened its doors with the purpose of exclusively treating work-related injuries for persons employed by companies in North Texas and the surrounding areas. When we started we knew we were taking on giants in the industry, but our goal was to provide excellence in care with a determination to build relationships, not just customers. We pledged to work hard to ensure that the companies we served were provided value in the form of quality service with well-balanced treatment for their employees.

#### **OUR COMMITMENT TO YOU**

- Employees/Patients treated at Occumed are to be given thoughtful, conservative, medically appropriate care for the work-related injury / illness for which they present.
- All participants will be treated with dignity and respect...patient, employer, insurance carrier representative, and staff.
- Providing a system of care that includes a communication link between the employer, health care provider, payer, and employee.
- Minimizing wait times and accommodating patients through flexible scheduling.
- Reducing injury lost-time using an aggressive approach to rehabilitative care.
- Working closely with employers and payer agents to return a person to light or restricted duty, thus avoiding time-off from work.
- Improving worker's health and avoidance of further injury or new injury through education in wellness and proper body mechanics.
- Minor/Urgent care and substance abuse testing available **24** hours a day **7** days a week through our after-hours program.

.



### Injury Management:

#### **Acute Injury / Illness Care:**

- Accurate assessment of injury / illness
- Educate patient on injury prevention to reduce further risk
- Reassurance that primary interest is in the patient being returned to a professional and personal lifestyle as soon as medically appropriate
- Objective analysis to ensure job restrictions (light duty) that do not hinder the recovery process or increase the possibility of further injury

#### **Physical Therapy:**

- Early intervention of therapy to return a person to full-productive capabilities faster
- Aggressive and hands-on treatment tailored to meet the individual's particular needs
- Instruction on proper mechanics to prevent further injury and education of incorporating these into the patient's everyday lifestyle

## **Pre-Employment Services:**

#### **Physical Exams/Tests**

Pre-placement	HAZMAT	Asbestos
D.O.T.	Firefighter/Police	Fit-for-duty

Return-to-work Respirator fit Pulmonary function

Wellness Audiometric X-Ray

Laboratory testing

#### **Substance Abuse Testing**

Urine collection Breath alcohol D.O.T.

Hair follicle Instant tests Saliva swab

Escreen

Occumed Plus's online customer support center lets you access important account information—including work status reports, medical exam notes, pre-employment testing results—anytime, from any computer with internet access.

- Review and print work status reports for injured employees
- Review medical exam notes
- Receive pre-employment testing results
- Update client profile information
- Customizable to fit your individual needs

**Medical Directors** 



#### Kerry Inzer, DO

Kerry Inzer, graduated from San Diego State University in 1987 with a Bachelor of Science degree in Biology. In 1987 Kerry earned his doctor of Osteopathy from the University of Osteopathic Medicine and Health Sciences, Des Moines, IA and completed his Internship at Hillcrest Baptist Medical Center in Oklahoma City in 1988. After completion of his internship, Kerry began work as an urgent care physician for one of the largest primary urgent care centers in the Dallas area. Throughout his professional career Kerry has worked in an urgent care environment and with the injured worker population. Kerry believes in conservative care and that individuals must take ownership in their road to recovery.

Kerry is board certified by the American Osteopathic Board of Family Physicians.

#### **Alvin Andrews PT, DPT**

Alvin Andrews, PT, DPT graduated from Texas Woman's University, in 2012, with a Bachelors in Kinesiology. He went on to earn his Doctorate of Physical Therapy from Texas Tech University Health Sciences Center in 2015.

Alvin is a firm believer in a hands-on physical therapy approach. He places a strong emphasis on aggressive active exercise, manual therapy and home maintenance programs to rehabilitate patients. He knows that with these three specific techniques all patients, with musculoskeletal disorders, will quickly return to full duty without restrictions or pain.

Alvin believes that personal fitness and regular exercise are great tools in preventing re-injury and future injury. His expertise in strength, endurance and circuit training will aid in establishing a regular exercise routine once a patient completes therapy.

Alvin enjoys playing basketball, traveling and spending time with his family.

.



# **Clinic Services**

Substance Abuse Screening		
+Post-Injury drug screen+	No Charge	
Instant 5 panel drug screen	\$35.00	
Instant 10 panel drug screen	\$55.00	
Urine (collection only, DOT and Non-DOT)	\$38.50	
Urine (Occumed Lab results)	\$55.00	
Breath Alcohol Test (DOT and Non-DOT)	\$18.00	
Saliva Alcohol Swab	\$44.00	
Hair Drug Screen	\$93.50	
Hair Drug Screen (Collection only)	\$43.00	

Physicals	
Basic Physical Exam	\$45.00
DOT Physical Exam	\$45.00
HAZMAT Exam	\$110.00
Respirator Physical	\$60.50
Respirator Questionnaire	\$33.00
Asbestos Physical	\$130.00
Fit-For-Duty Exam	\$100.00
Pre-employment Job Placement Assessment	\$55.00
(JPA)	
Return-To-Duty (JPA)	\$55.00

Other		
Respirator Fit Test – Quantitative	\$55.00	
Respirator Fit Test – Qualitative	\$50.00	
Pulmonary Function Test	\$40.00	
Audiogram	\$22.00	
EKG	\$77.00	
X-Ray (1 view)	\$60.00	
X-Ray (2 or more views)	\$77.00	
Hepatitis B Vaccination	\$88.00 (Subject to change)	
Hepatitis Titer	\$44.00 (Subject to change)	
Tetanus	\$33.00 (Subject to change)	
TB/PPD Skin Test	\$30.00 (Subject to change)	
Vision Acuity	\$26.00	

# **Laboratory Testing**



CBC with differential	\$33.00
Basic Metabolic Panel	\$33.00
Hepatic Function Panel	\$40.00
Complete Metabolic Panel	\$33.00
Urinalysis	\$20.00
Lead Standard Profile, Blood	\$60.00
Lipid panel	\$45.00
Thyroid Stimulating Hormone	\$45.00
Prostate Specific Antigen	\$45.00
Hemoglobin A1c	\$45.00
Hemoccult	\$45.00

After Hours Services (per hour)		
Instant Drug Screen (5 or 10 panel) & BAT	\$200.00	
Injury Care	\$200.00	

**On-Site Medical Surveillance** 



Occumed Plus has a long and established partnership with *IH2S* in order to provide excellence in the delivery of On-Site annual/periodic OSHA mandated testing.

*IH2S* - Integrated Health Strategies & Solutions specializes in the delivery of onsite annual/periodic OSHA mandated testing and medical surveillance. *IH2S* utilizes Mobile Medical Units (MMU's) which travel around the US in order to bring our services to the client's front door. When our highly trained staff presents to your different locations, *IH2S* will concentrate solely on you and your employees, and we will do all of this for approximately the same cost as dealing with your local clinic

On-Site Medical Surveillance		
Medical Procedure	Charge	
OSHA Health History Questionnaire	\$20.00	
Hearing Conservation Questionnaire	Included	
Audiometric Testing	\$25.00	
Pulmonary Function Testing (PFT)	\$35.00	
Respirator Fit Testing (Quantitatively)	\$50.00	
Respirator Certification	Included	
Written Comments	Included	
Medical Records Governor (storage)	Included	
Destination Fee	Included	

Upon completion of testing, a detailed medical surveillance report will be produced and include the following:

- Testing that was performed
- Any work-related findings or potential findings
- Trends of possible exposure
- Recommendations for IH monitoring / or investigations
- Any work-realted claims or OSHA recordable issues
- Any threshold shifts
- Any additional recommended testing



In 2009 Occumed Plus was the first clinic to offer a comprehensive after-hours program exclusively for our clients to meet the increasing need for quality medical care for 2<sup>nd</sup> and 3<sup>rd</sup> shift employees. Today we are still the only clinic that offers minor/urgent care exclusively for employees as well as on-site drug and alcohol testing **24** hours a day **7** days a week.

Below are the after-hours instructions for injury care after our normal business hours. In addition to offering after-hours medical services through our on-call physician we also offer the appropriate substance abuse testing as noted in your Occumed Plus Client Profile.

- For all after-hours services please call <u>214-395-8817</u> (back-up numbers: 214-336-7166 or 214-334-4538)
- Please allow up to 45 minutes for our physician and staff to arrive at Occumed
- Upon arrival your employee will be offered the same level of care that your day shift employees receive at Occumed.
- For any necessary follow-up appointments the employee will be scheduled to see Dr. Inzer during normal business hours (M-F, 8am to 5pm).
- Please have the supervisor fill out the Occumed Authorization form and present it to the Occumed staff member upon arrival.
- For post-accident, (non-injury) substance abuse testing, an Occumed staff member will come to your facility and perform the testing on-site.

214-395-8817

++If the injury is a threat to life or limb call 911 or go directly to the Emergency Room. ++



# A few of our Clients....





















08/2006











06/2009



11/1999



09/2001





06/1999

02/2005



























We have seen a drastic reduction in workers comp cost due to the immediate attention our employees receive"





"Due to this program, we have been able to improve the accuracy of our job descriptions, refine our hiring/selection process, and reduce the number of our employee work-related injuries"

City of Rockwall, Texas



"To date we have experienced an overall medical cost reduction of 59% based on the latest study by the Workers' Compensation Research Institute"



It has been a pleasure working with the entire staff and we continue to see you as a leader in Occupational Medicine"

